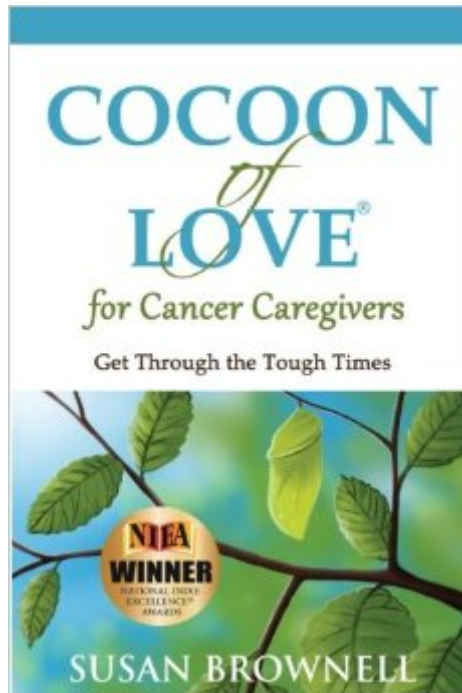


The book was found

# Cocoon Of Love For Cancer Caregivers: Get Through The Tough Times



## Synopsis

Using a love-centered approach, this transformative guide equips cancer caregivers with practical tips, techniques, and a positive mindset. Does caregiving make you feel overwhelmed, stressed, exhausted, and helpless? Author and cancer caregiver to seven family members, Susan Brownell brings clarity to caregivers by putting the focus on what matters most. In this award-winning book, Susan reveals life-changing lessons she and others learned while struggling with caregiving. This inspirational manual helps caregivers survive the physical and emotional impact of the difficult times they are experiencing. It keeps the focus on what's most important "love and self-love. Using these comforting techniques enables caregivers and their loved one to live the best quality of life possible, under the circumstances. Read and discover " - How to care for yourself at this challenging time - How to make your loved one feel loved - Ways to bring comfort, compassion, and joy into daily life

What an Oncology Chaplain Says About This Book "Caregivers do not always get the attention and support that they also need. I applaud Susan Brownell for writing her book from the perspective of the caregiver. From her own personal experience and from stories other caregivers have shared with her, Susan has lots of practical suggestions that will help caregivers in the difficult work they do. Susan does a wonderful job of using imagery, stories, and practical examples to give caregivers ideas that will help them not only give good care to the cancer patient, but also take good care of themselves. I highly recommend this book to everyone who is faced with providing care to someone with cancer."

• Chaplain Steve Stern, Clinical Cancer Center Froedtert Hospital, Milwaukee, Wisconsin

~ Cocoons are all about change. Caregiving is about loving, compassionate change. ~

## Book Information

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## Customer Reviews

Just finish Cocoon of Love. I do not have any family member with cancer. I do have ageing parents. So to me it still was so very helpful on understanding anyone who is ill. Open my eyes in so many ways. Thank you for writing this book. Very helpful

This is am AWESOME read! Such a blessing while my husband fought Pancreatic cancer. Made me know we were not alone in this horrible fight! A must read for every caregiver! I purchased 4 to give away to friends who have given me nothing but rave reviews! Susan Brownell wrote with heart and the caregiver in mind! Recommended highly!!

If You Have A Loved One With Cancer This Book Is God Sent! This is the most important book you may read to help you through the process. I regret this review can not give justice to this wonderful guide book. I lost my wife of thirty years to Cancer. If I had this book before her passing my life would have been different. Caregiver Susan Brownell shares her many years of experience helping you to make the passing a better time, not only for your loved one and yourself but your relatives and friends. Ms. Brownell covers the many aspects and circumstances that may arise. She explores taking care of the caretaker as well as the patient. She gives many many little things you can do to make the loved one interested and occupied. How to give a better quality life in the final days. Her main message is Love, and she covers this beautifully from all areas. If you have a loved one with Cancer get this book now! I know I made many mistakes this book could have prevented. I think the only thing I did right was showing and expressing love. It was about the last day before my wife's passing, after spending the night at her side, I was heading off to get a little sleep. The usual process was to say "I love you" and she would say "I love you too". This time I said "I love you" and she gave me a sweet smile and said "I know".

I lost my Dad to cancer in 2000 and everything Ms Brownell wrote about in her book is right on track on dealing with the disease and how to deal with a dying family member! She touched on the right issues and her many suggestions to make the patient's life more enjoyable is exactly right! I didn't have a book like this to read going through my Dad's illness but it would have been most helpful and

a welcome guide to have during that time!

When I started reading this I felt it might be too long. But as I read through the words and the innumerable times that Susan was involved in caregiving, I started to reflect on how this book might be read, a few pages at a time when a caregiver needs a bit of care herself, and some gentle, non-judgmental, even not time demanding words. This book covers that type of reading and brought so much of my own family's caregiving experiences to heart. I love the drawings and appreciated the quotes. Your book fills an essential need that is difficult to define yet so many of us have known of what you speak or are going through it at this moment. Well done! Stephanie Atwood

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